

## **2014 Heritage Invitational**

**Dates:** Saturday, May 10<sup>th</sup>, 2013

**Time:** Field Events - 9:00 A.M.  
Running Events - 11:00 A.M.

**Location:** Recreation Park – (301 Latimore St. Painesville, OH 44077)

**Awards:** Medals for the top 4 places and ribbons for 5-8 places

**Scoring:** 10 - 8- 6- 4-3-2-1

**Spikes:** Only 1/8" inch spikes or needle spikes permitted.  
Any athlete found using longer spikes will be disqualified. **(Please inform athletes of this guideline)**

**Cost:** \$150 per school

### **Coaches**

**Meeting:** All coaches and judges will meet at 8:45 A.M. in the ticket booth.

**Admission:** \$4.00 for adults  
\$2.00 for students

***Each School is responsible to notify their spectators of the Admission Fee.***

**Full Concessions:** T-Shirts for sale- \$10.00

**Coaches & Staff** All coaches and statisticians must be in stands.  
No coaches or statisticians are permitted inside the fence, on the track or near the finish line. Anyone in violation will have their athlete disqualified. Cameras and Cell Phones are not permitted in the area of competition.

**Entrants:** Each school may enter 2 athletes per event except relays.

**Rulings:** The decision of the referee will be final.

## Schedule of Events

Saturday - 9:00 A.M.

| <u>Boy's Field Events</u> | <u>Girl's Field Events</u> |
|---------------------------|----------------------------|
| High Jump                 | Long Jump ***              |
| Shot                      | Discus                     |

\*\*Long Jump will use an Open Pit Procedure. All boys entrants will have from 9:00 A.M. to 10:00 A.M. ONLY 3 Jumps – NO FINALS

Girls entrants have from 10:15 A.M. to 11:15 A.M. – ONLY 3 Jumps – NO FINALS

**RUNNING PRELIMS IN THE FOLLOWING EVENTS Start time 11:00 a.m.**

GIRL'S 100 METER HURDLES

BOY'S 110 METER HURDLES

GIRL'S 100 METER DASH

BOY'S 100 METER DASH

BOY'S 200 METER DASH

GIRL'S 200 METER DASH

Then short break and Finals to follow:

RUNNING EVENTS IN NORMAL MEET ORDER \*\*

### **ROLLING TIME SCHEDULE**

**Boys & Girls Coaches are reminded to ask their athletes to please stay off of the Football Field and not to climb on fences.**

**\*\*\* Coaches Please Note the Following Information \*\*\*\*\***

*Please submit all names of athletes to:*

[www.baumspage.com](http://www.baumspage.com) *(The window will close Thursday May 8<sup>th</sup> @ 7:00 PM)*